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Awards Category: Category 10: Carers Champion

Awards Entry Number: C100049

Name of project, service, individual entering or nomination,
: ENABLE Scotland Picking up the Pieces

1. Overview

Please provide a short introduction to the person, project or service. Briefly mention any aims and objectives if you think they are relevant. You must clearly outline how it relates to the [category](#) you are entering. You should answer any questions we have asked in the [introduction](#) for this award category.: Please provide a short introduction to the person, project or service. Briefly mention any aims and objectives if you think they are relevant. You must clearly outline how it relates to the category you are entering. You should answer any questions we have asked in the introduction for this award category.

ENABLE Scotland's Picking up the Pieces Project facilitates access to emergency planning for carers. The purpose of emergency planning is:

- To support the carer to identify informal networks of support (friends, family, neighbours) who can step into their caring role when they are unavailable thus preventing costly emergency care.
- To discuss the caring responsibilities and identify who can help and how long they can help for.
- To ensure that emergency contacts know what is expected of them.
- To ensure that emergency contacts are key holders or have access to the property.
- To ensure that the plan is effectively shared amongst all relevant individuals, professionals and services and accessible in an emergency.

2. What did you do?

Please describe the work carried out and explain how it meets the [criteria](#) we have asked for in the '[what we are looking for](#)' section for this award. Highlight any practice which was distinctive, innovative or creative and include details of on-going work still in progress.:

The process helps identify carers without an informal network of support. It is imperative that the local authorities are aware of these families to plan for the potential requirement for emergency care should the carer be incapacitated. This allows the local authority to plan for potential resources and associated expenditure.

ENABLE Scotland's ageing parent carer membership raised concerns that they were fearful about who would look after their son or daughter when they were unable to.

ENABLE Scotland took this on as a campaign and worked across the sector to identify what emergency planning resources, support and best practice was already in place.

Our members were incredibly supportive of this work, with one of its strongest advocates Anne MacKinnon from Glasgow Branch who recognised what a difference emergency planning support makes to carers. Anne believed all carers should have an entitlement to this support.

Using our research we provided compelling arguments to the Government on the necessity of emergency planning for carers, the positive impact on their health and wellbeing and the reduced reliance on crisis statutory intervention when carers are supported to make plans for emergencies.

ENABLE Scotland was funded by the Scottish Government to deliver Picking up the Pieces which aims to facilitate access to emergency planning for all carers nationwide.

We also worked with the Scottish Government Policy Branch to amend the Carers Scotland Act to ensure that all carers now have a right to have a conversation about emergency planning as part of

the Adult Carer Support Plan and Young Carer Statement process

3. What did you achieve

Please describe and provide evidence of how the work has made a positive impact to the lives of those you have helped to support. Evidence can include research, practice, wisdom, service data or lived experience. Aim to reflect the criteria in the [‘what we are looking for’](#) section where possible.: Please summarise the reasons you feel this person, project or issue deserves an award in no more than 100 words.

Our work has been carer-led. Through encouragement from our members we sought to find a solution to an issue that was causing stress and anxiety. We have developed creative resources which have been positively received by carers, carer organisations and statutory staff.

We have underpinned this direct engagement with policy and influencing work around the Carers (Scotland) Act which has secured the right to emergency planning for all carers.

We have managed to raise the profile of emergency planning as an essential process for all carers, including young carers.

4. Why should you receive an award?

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