

AWARD DETAILS

Team or project name:

Balhousesie Clement park personalised environment

Organisation:

Balhousesie Care Group Clement Park

Which category are you entering?

Category 1: Living the Codes

Please confirm that the work carried out relates to the last two years (up to January 2018):

Yes

Q1. Overview: (max 200 words)

Clement parks personalised environment project aims to create an environment that is chosen by the people who live in it, and personalised to meet their needs and make wayfinding easier and ensure a feeling of security and safety while making sure everyone feels included in decision making and promotes belonging and choice. It is not about what the organisation wants for decor but about what the people who live and work in clement park want and what supports them to live as independently as possible, This change in environment supports not just the social service workers codes but also the employers codes and creates a positive impact for residents and staff who feel more involved in the environment and celebrate the success stories together.

Q2. What did you do? (max 500 words)

Margaret the manager ensures staff received training to support the embedding of a person centered approach and working collaboratively. Several staff are signed up as dementia ambassadors and received training on improving the environment and working together with residents to find what works. Code 2 states the employer must have the culture and systems in place to support social service workers to meet the code and Margaret supports this fully encouraging staff to live the codes as well as supporting staff to learn and develop and put things in place code 3.

The codes talk about treating each person as an individual and protecting and promoting a persons views and wishes as well as promoting independence and these codes underpin this project which is about providing an enabling environment, that supports the individual and feeling safe secure and that you belong, The first areas for development were the residents room and this starts from the minute a resident choose to move into clement park. Staff members meet with the resident and discuss how they would like their room to be. The individual resident chooses their own paint colours or wallpaper designs and can bring in whatever furniture or go shopping with staff for whatever furniture or items they would like. The only limitation is what they can fit in the room. Staff will help with the decorating where needed. this supports residents to feel safe and secure in their environment to have a place of safety and security that is theirs and theirs alone which can be difficult in communal living. The project highlights the individuality of each person and their character and personality is visible within their rooms decor and furnishing choices.

The focal areas within the home have taken longer as residents, families and staff come up with different ideas and these are debated and chosen. This collaboration has meant lots of different focal areas and an abundance of support to help create them. These focal areas support residents to have some reminiscence time, space to be on their own, family time and engaged visits as well as fun and pride in their creation and using them. The indoor garden supported those who maybe didn't want to go outside for whatever reason and made what was a drab lift area a bright and therapeutic place to sit and enjoy. By using the codes to promote the importance of individuality and supporting self management has helped Clement park residents, families and staff to create an enabling environment which has resulted in meeting several of the codes as staff request more training of different things they want to look at including and more meaningful activities with greater understanding of what the codes are and how they can support resident outcomes and staff development.

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Q3. What did you achieve? (max 500 words)

By following the codes and involving those who use the service in the environment design clement park have achieved, Personalised bedrooms which give individual security and safety, recognition and memories from the items in their room, creativity from the colour and fabric choices and helps staff find out more about the individual as each room is very different. Staff have received training in dementia with particular reference to supporting individuality, meaningful activities and personalised care which has resulted in meaningful items within each of the lounges like old picture books of places the residents grew up, individual movies and music chosen by those residents all adds to the enabling environment and creating that feeling of belonging and togetherness.

Focal areas created and designed by residents, families and staff include;

dancing memories, this is small area in the corridor that has some dancing posters, and a pair of dancing shoes with images of some famous dancers all selected by residents and families and arranged to be something to stop and look at and spark memories for discussion.

seaside, the seaside focal area has a large wooden seaside themed bench, a beach scene, bucket, spade and seashells it is an area to rest at while have textured wallpaper and items to explore.

library, the library area has seats and a reading light with a few select books which are swapped as well as wallpaper that looks like lots of books. By having books their to collect it makes for a nice area to get some quiet reflective time and with many avid readers in clement park a popular area.

indoor garden, this was created as many residents are not keen to go outside but like looking at the garden through the window so the garden was brought in. Residents chose various favourite items for the garden and it is popular not just with residents but also with families and children who are visiting choosing to sit there and gives lots of prompts for conversation for chatting about wellies to different plants and even the hidden animals within the indoor garden.

bird sanctuary, the bird sanctuary brightens up the end of the corridor and next to the big window is a chart of local wildlife birds with binoculars and a notebook so residents can write down what they have seen that day.

bus stop, the bus stop area is somewhere residents can take a rest and see what is going on around them it is towards the end of the corridor and gives a pit stop area.

Clubbie/bar area this is the newest of the focal areas and is a popular one complete with bar stools, drinks a tv and chairs and tables. It is used by residents and families and where events and group activities can take place with a bit of fun.

The project was shortlisted in the recent dementia awards and created positiveness and pride among residents, families and staff who have helped create it.

Q4. Why should you receive an award? (max 100 words)

The clement park personalised environment project deserves an award because it does show what can be created by putting the codes in place how you can change an environment to one that recognises the individuality of people living there even when it is in a communal living care home. By following the codes the culture created is one of collaboration where residents, families and staffs views are all counted. Everyone who visits comments on the enabling environment.